

## **CERT Training Comes in Handy!**

Finally had a chance to put my CERT training to work this morning. I was in the U-District at the signal at the foot of the 45th bridge when a truck coming down the hill tried to beat the red light at 40mph and T-boned a passenger car. The truck driver was OK but the young man in the car was not so lucky. I got him out of the vehicle (I thought necessary) and leaned him against a tree while I put pressure on his face to stop the bleeding. I wrapped him in a blanket from the truck and gave him a brief "head to toe" to determine other injuries than the head while checking his eye pupils. All was well elsewhere on him. I decided his nose was broken and he had a lot of glass cuts around his face. Reassuring him he would be fine I kept him sitting against the tree so bleeding would not go down his throat. When Medic 1 arrived I gave him the info and moved on down the road. When asked I just told the medics I was a **CERT Trained** volunteer from Duvall and to keep his head immobilized just in case.

What almost scared me was the look of total trust he gave me as I reassured him that all would be fine but it would hurt like blue blazes tomorrow.

Ward Norden